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Chulu West Peak climbing is one of the challenging peaks in Nepal for experienced hikers and amateur climbers. Although Chulu West is technically straighter than peaks like Chulu East, which have a steep and steep summit, it takes more endurance and strength to push the long, hard work through the snow to reach the summit. Proper acclimatization is the best way to survive the time it takes to complete this expedition. Chulu West Peak's location in Annapurnas, its height, and its medium level of difficulty make Chulu one of the best trekking peaks in the Himalayas of Nepal.

Main Highlights

v includes the excellent Annapurna Circuit Trek

v You will be climbing in one of the highest peaks in Nepal

v challenging but technically simple

v accompanied by experienced climbing guides

v Breathtaking view of the Annapurna Mountain from Summit

# Chulu West Peak climbing

Chulu West Peak is a challenging trekking peak that lies north of the Annapurna Mountains above the Manang Valley as the highest of the Chulu Mountains. The Japanese expedition wrote the first consent story in 1952. The controversy over the name and location of the Chulu Summit is becoming more common as several

peaks are part of the Chulu Massif, but these are not always shown on maps. Therefore, it isn't easy to choose between the two summits of East Chulu and Chulu West, as the group consists of four peaks, two in the west and two in the east. To create more confusion, Chulu West can also be called Chulu Central.

Chulu West peak climbing fulfils the dream of every amateur climber who wants to enjoy the exciting experience of their life on the top of the Himalayas with its magnificent view of the Himalayas and Tibet right next to you on the way to the classic route drive from Annapurna. It is one of the challenging trekking peaks in Nepal that requires more commitment and previous climbing experience. Our experienced climbing guide will teach you about the techniques and use of crampons, ice axes, ropes, etc. to give you the skills and confidence you need to have every chance of climbing the summit.

Generally, it was clear that permission to scale the east or west summit could also be used to attempt to reach the nearby mountain. Climbing both or one of these peaks in combination with Nepal's most famous peaks around the Annapurna trek makes it one of the most spectacular adventure trips in the Himalayas. The climb to the West Peak of Chulu is challenging to overcome due to its breathtaking mountain landscapes, the challenges of trekking and mountaineering, and exposure to the diversity of Nepal's ethnic cultures. The trail starts in the rice fields in the lowlands and gradually grows as it leads through oak and pine forests and finally ends at Manang in the high desert country and leads to the rise of Chulu West. Chulu West Base Camp lies in a small valley north of Manang, on the main road to Thorang La in Chauri Lather. Take a narrow and steep path to a base camp at 4800 m. From there, you climb steep, rocky terrain to a high camp at approx—5300 m. There are no technical difficulties in reaching the summit, but progress can be slow because, under certain conditions, the slopes are horizontal to the avalanches under certain circumstances.

The Chulu West Peak expedition combines the best elements of a Himalayan expedition. This journey is exhausting and requires all participants to know about alpine snow climbing. It is a great way to explore the culture of Nepal and climb two Himalayan peaks most safely. The Chulu West Peak Climbing trip, which accumulates a lot of experience in the Himalayas, ends early in the morning and at the end of the journey back to Pokhara at Jomsom airfield.

Chulu West Peak Climbing Itinerary

Day 01: Welcome to Kathmandu international airport

Welcome to Nepal, upon arrival at the Kathmandu international airport, one of our office representatives will meet and greet you then transfer to the hotel. In the evening time, you can walk around the market to obtain the necessary equipment for the trip.

Meals included: none

Day 02: Sightseeing around Kathmandu valley

After breakfast, take a professional guide to Valley Sightseeing to see Kathmandu's historical and spiritual attractions, including the historic Kathmandu Durbar Square, Bouddhanath, one of the largest stupas in Nepal. Swayambhunath is located on the hill of the city and is colloquially known as (Monkey Temple). Pashupatinath is a Hindu saint, a pilgrim who bathes and occasionally burns pyrene in the ghats of the holy Bagmati River. After special activities during the day, return to the hotel, and prepare for the walks.

Meals included: Breakfast.

Day 03: Scenic drive to Dharapani

Today, after breakfast, you will start early to drive from Kathmandu to Dharapani. The road takes you west, follows the Trisuli River, then forks off the Pokhara highway and runs north along the Marshyangdi River. Usually, you arrive in Besisahar in the early afternoon and then head to Dharapani in a private jeep. You will follow the Marshyangdi valley all day.

Meals included: Breakfast, lunch, and dinner.

Day 04: Drive from Dharapani to Chame

A trip uphill takes you to the Chame village, known for its hospitality and spectacular views. It is your first chance to enjoy panoramic views of Annapurna II, III, and Lamjung Himal.

Meals included: Breakfast, lunch, and dinner.

Day 05: Trek from Chame to Pisang

When you walk From Chame to altitudes above 3,000 meters, you will notice that the environment changes as natural trees and plants become scarcer as the terrain changes to a drier, more desert climate.

Meals included: Breakfast, lunch, and dinner.

Day 06: Trek Pisang to Manang

You are now in the dry and arid area of Manang. This area falls into a Himalayan rain shadow area, where it rarely rains in the summer months. Two routes lead from Pisang to the Manang Valley. You will take the one that follows the left bank of the valley floor. Today, you enjoy a fantastic view of Annapurna III, IV, Gangapurna, and the Tilicho peaks. In Hungde, you will cross the river and hike a full path via the fields of buckwheat and potato to the town of Braga, known for its monastery, which is expected to be over 500 years old. After a slight climb, you arrive at Manang village.

Meals included: Breakfast, lunch, and dinner.

Day 07: Rest in Manang for the acclimatization

It is the best place to spend a day in Manang for many reasons. First, you want to get used to the altitude and save your energy to be successful in your Mini Annapurna Trek project. Second, this is the part of the hike where you are closest

in the mountains. Most climbers climb the hill behind Manang to enjoy the magnificent view of the entire Annapurna chain and the vast ice waterfall that falls and rumbles from Gangapurna. Sunset and sunrise over this natural amphitheatre are one of the most beautiful mountain views in the country.

Meals included: Breakfast, lunch, and dinner.

Day 08: Trek from Manang to Letdar

After crossing Manang village, the path climbs steeply up to Tenki village, the last permanent settlement. The trail leads a short distance to Gunsang, a small teahouse settlement, and a breathtaking view of the mountains. Eventually, it sways in the open pastures from which the name Yak Kharka, Yak Pastures, is derived. After walking, 1 hour, you arrive at Letdar, where you will spend the night.

Meals included: Breakfast, lunch, and dinner.

Day 09: From Letdar to Chulu West base camp

After enjoying a sunrise view in the morning, you follow the winding path before the meadow meets a large rock formation. You will be camping near an impressive viewpoint and taking a look at the Annapurna giants that soar above the clouds.

Meals included: Breakfast, lunch, and dinner.

Day 10: Trek from Base camp to the high camp

This morning, after having breakfast, you drive to Chulu West High Camp.

Meals included: Breakfast, lunch, and dinner.

Day 11: Climb to camp I.

After packing up and organizing your gear, you move forward on the trail and admire the rapidly changing landscape as you reach higher altitudes. Then you follow a steep path that leads to Strategic Camp I, which offers the best access to

the summit. You will set up camp here and enjoy a panoramic sunset as the mountains reflect the pink sunlight on the hills.

Meals included: Breakfast, lunch, and dinner.

Day 12: Chulu West summit and decency to camp 1

You will walk an easy day and returned to base camp, taking enough time to descend the slippery path safely. When you arrive at Camp I, you can rest or take a short walk to enjoy more of the local landscape.

Meals included: Breakfast, lunch, and dinner.

Day 13: Extra day

Since we cannot guarantee favourable weather for the planned summit day; so we have kept an additional day on the schedule. If you are unable to climb Chulu West Peak at the scheduled time due to bad weather or other reasons, like anyone in the group has trouble with acclimatization, the reservation day is helpful.

Meals included: Breakfast, lunch, and dinner.

Day 14: Trek from Base camp to Phedi

You continue your trip through pastures to a settlement called Letdar, from where you have an excellent view of Chulu West. From here, the path follows the banks of Jarsang Khola, a tributary of the Marsyangdi, before forking to climb the scree over the river to Phedi.

Meals included: Breakfast, lunch, and dinner.

Day 15: Trek from Phedi to Muktinath through the Thorung la Pass

Today, you have to start early to cross Thorung La Pass. The path becomes steep as soon as you leave the camp, the way is well defined. The slope flattens out after approximately 4 hours of constant climbing. From the snowy mountains to

the head of the Kali Gandaki valley, you are surrounded by the brown and purple Mustang hills, offering a unique viewpoint.

Meals included: Breakfast, lunch, and dinner.

Day 16: Trek from Muktinath to Jomsom

You will go through the Kali Gandaki gorge, passing the village of Kagbeni, before reaching Jomsom, You will stay here to learn more about the local culture and customs of the Tibetan people as you explore this beautiful place.

Meals included: Breakfast, lunch, and dinner.

Day 17: From Jomsom to Pokhara by Flight

You will return to Pokhara in the short 35-minute flight.

Meals included: Breakfast.

Day 18: Drive or fly to Kathmandu

Early in the morning, you return from the Pokhara tourist bus station to Kathmandu. If you are interested in a Chitwan jungle safari, rafting adventure, or other tours, you can start today.

Meals included: Breakfast.

Day 18: Drop to Kathmandu international airport

Your Chulu west climbing trip comes to an end. According to your departure schedule, our support team will take you to the Kathmandu international airport for your flight to the next destination.

Meals included: Breakfast

Cost includes

v Pick up and drop off at Tribhuwan international airport

- v Three-star accommodation in Kathmandu and Pokhara and breakfast
- v Sightseeing in UNESCO heritage site in Kathmandu valley
- v The tour guide, private vehicle and entrance fee for monuments
- v Entrance to the Annapurna Conservation Aria
- v Peak climbing permit and guide
- v All camping equipment, dining tent, kitchen tent, bathroom tent,
- v Table, chairs, and mattresses for trekking and climbing
- v Breakfast, lunch, and dinner on trekking and climbing.
- v Guide, cook, kitchen staff, Sherpa, and porters.
- v Insurance for staff and trekking equipment

# **Excluding costs**

- v Personal trekking and climbing equipment
- v Personal travel and health insurance
- v Any meals except Breakfast in Kathmandu and Pokhara
- v Evacuation of emergency services.
- v Personal expenses, Laundry, internet, etc
- v Tips for trekking guide, Sherpa and other staff

## Food and Accommodation:

You will stay in three-star hotels, and it includes the cost of your package. We take care of the best possible accommodation during your stay. In Kathmandu, you will stay in a three-star hotel before and after the trip.

During the trek, you will spend the nights in clean and lodge with a functional food. Usually have two narrow beds. Family accommodations are a great place to meet local Nepalese people. A guest is equal to God in Nepalese culture, and this has undoubtedly become even more real as the tourism industry has improved their chances of winning. You will be very welcome

We supply all camping equipment and meals during the climbing period. We provide three tasty and hygienic meals each day (Breakfast, lunch, and dinner with tea/coffee and boiled water). On Summit day, we offer a packing lunch with high-calorie foods that can quickly eat at high altitudes. In addition to your Sherpa guide, there is a team of porters who carry camping equipment and set up tents, as well as a well-trained chef.

#### Travel insurance:

Travel insurance for each itinerary of our company is a prerequisite for booking vacations. At a minimum, you must have emergency and repatriation insurance that must include the cost of the mountain rescue. Carefully review the terms and conditions of your insurers. In particular, you should ensure that the following are covered: 1) Activity (i.e., tourism, trekking or mountaineering) 2) Maximum altitude reached during trekking 3) Evacuation of the helicopter in an emergency. It would be best if you know that you will bear the cost of the evacuation and return procedures and that it is your responsibility to take all costs associated with removal or medical treatment. You must be fully aware of the effects of travel insurance and understand the limitations and exclusions of your policy. Please note that in certain circumstances, our company guide can initiate helicopter rescue operations (or other necessary operations) in medical emergencies without first seeking approval from your insurance company.

Trekking and climbing guide and other staff arrangements

Experienced and professional mountaineers and guides lead your expeditions. You have climbed the mountain several times, with the support of other crew members and all the logistics for the trip. Not only in terms of qualifications, but we also make sure that our managers can demonstrate proven success when

climbing mountains at high altitudes. The number of guides depends on the size of the team to maximize the chances of each climber reaching the top without compromising safety. Our expedition leaders are also experienced in treating altitude problems, including acute symptoms of mountain sickness (AMS). Crew members are adept at building tents and campgrounds, trail snowmelt, cooking, and other daily necessities.

# Physical condition and experience requirements

The Chulu west peak climbing is rated 2D in difficulty. It means that the technical challenge does not include very steep ice and climbing. Climbers should feel safe and comfortable when climbing or descending fixed ropes along the steep technical terrain. We also recommend that climbers already have experience in ice and ice climbing; mostly over 6,000 m. Climbing also requires a high level of physical and mental fitness. Since the climbing experience will be exhausting, climbers with previous experience must be in good physical shape.

#### Acclimatization

The route of the Chulu west peak is planned with a high level of knowledge of AMS. Climbing too high up too quickly leads to an illness that is serious enough to cause death. As much higher altitude, the oxygen levels less in the air. Above the 5000m, there is a 50% less oxygen than at sea level. Therefore, your body needs more days to adapt to less oxygen. During this trip, we have separate reserve days for acclimatization only. Besides, the gradual walk will get used to the altitude better. There is also a different day that is reserved as an emergency if things do not go as planned.

Guests with known heart, lung, or blood disorders are advised to consult their doctor before travelling. Fever, loss of appetite, Mild headaches or stomach upset are symptoms of AMS. The company's travel routes were created with the most excellent care for AMS.

### Trekking day

Since you are in a remote rural area, you will experience the early bedtime and early morning hours. A typical day of trekking begins around 6 or 7 a.m. enjoy a hearty breakfast and get started. Take your bag with the personal items you need for the day. Walk at your own pace, chat with the locals, and enjoy the scenery take pictures. The lunch break depends on the terrain and is prepared by our catering team. Usually stops after about 3 hours of walking for lunch. The lunchtime also helps with acclimatization. The goal would be to get to the next stop at sunset. After reaching the overnight point, the crew members arrange the tents. You can take rest with a cup of tea or coffee or take a nice walk in the camp. Dinner would be ready around 7 p.m. Enjoy dinner and share the day's experiences with the team members.