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Everest Base Camp Heli Trek is a short-term trekking package that allows you to experience two activities in one. It offers an incredible trekking experience as well as a helicopter flight from Gorakshep to Kathmandu. Once you have reached Everest Base Camp 5346m and successfully ascended Kalapattar 5550m to see the upcoming views of Mount Everest, Pumori, and other mountains, you will be able to fly to Kathmandu by helicopter Instead of going back to Lukla

**The highlight of the trip**

* Combinations from Mount Everest base camp and Heli Tour.
* Hiking in the Sagarmatha national park.
* The best trekking experience in the Himalayas within a short period.
* Fulfill your dream to see the world’s Highest Mountain.
* Discover the unique Sherpa culture and wildlife.
* You have a helicopter flight from Gorekshep to Kathmandu.

**You have a picturesque mountain flight Lukla**

Everest Base Camp Heli Trekking, one of the fastest ways to get to the highest mountain in the world and back in no time, especially for people with dreams who want to walk in the heart of Everest with limited vacation time. This hike includes scenic hikes through beautiful and impressive Sherpa villages, the Everest Highlands, and the pioneers of mountain guides from the start, when Tenzing and Hillary first climbed Mount Everest on May 29, 1953.

In addition to breathtaking scenery with beautiful landscapes and views of the high mountains, the culture and traditional heritage of the local sherpa is just as fascinating and worth a visit. You can also taste the culture and the warm hospitality during the trekking along the route, and the overnight stays in a beautiful trekking lodge in charming villages.

On our "Everest Base Camp Trek and Fly Back by Helicopter" tour, we walk to the base camp of Mount Everest, The highest mountain in the world. Everest and visit Kala Patthar, another coveted travel destination in the Everest region. The 12-day trip starts in Kathmandu, and you fly to Lukla the next day and start walking from there. On the way back from Gorak Shep to Kathmandu, we rented a helicopter. Another exciting part of your Everest Heli tour is the helicopter tour of the pristine Lake Gokyo, which is also a popular destination for hikers traveling in the Everest region.

Itinerary

**Day 01: Arrival in Kathmandu (1,350 m)**

After arrival at Tribhuwan International Airport Kathmandu, our office representative greets you and takes you to your hotel. Then you will check into the hotel, cool off and take a rest. Night stay at hotel in Kathmandu.

**Day 02: Kathmandu To Lukla by flight and trek to Phakding walking Distance of 3-4 hours**

You will fly to Lukla early in the morning on a Twin Otter plane, where all Everest trek begins. You met the rest of our team in Lukla and started walking from there. You walk along a path that gradually leads to the village of Chelung, from where you observe the mountain Khumbila, a sacred mountain that has never been climbed. From here, you slowly descend to Phakding. Night stay at Lodge in Phakding.

Meals included: Breakfast, lunch, and dinner

**Day 03: Trek Phakding to Namche Bazaar (3,438 m): Walking distance 5 - 6 hours**

Its path leads through a pine forest and follows the road that leads north through the Benkar valley. You cross the Dudh Koshi River and pass the towns of Chumoa and Monjo before reaching the entrance to Everest National Park. After entering the park, you will up a steep trail with incredible views. Ascending further, you arrive at Namche Bazaar, the largest city in the Everest region. You will spend the night in the Namche Bazaar.

Meals included: Breakfast, lunch, and dinner

**Day 04: Namche Bazaar: acclimatization**

If you spend another day at the Namche Bazaar, You can get used to the altitude and the thinning of atmospheric oxygen. You will visit the most important of the Everest region with government offices, shops, internet, restaurants, and market. You can go to Sagarmatha National Park and enjoy the sunrise over the Himalayas, including Everest, Nuptse, Ama Dablam, Thamserku, Lhotse, Kongde and many more. If you are interested in a day hike, you can walk to Khumjung village. Today you also visit the Hillary School and a monastery that has a yeti scalp! You will spend the night in the Namche Bazaar.

Meals included: Breakfast, lunch, and dinner

**Day 05: Trek From Namche Bazar to Tengboche (3,870 m): Walking distance, 5 - 6 hours**

This section of the hike includes the famous walk to the Dudh Koshi River and the equally renowned ascent with rhododendron forests to Tengboche. Going down to the Dudh Kish River, you will enjoy the views of the mountain peaks. In Tengboche, you will visit Tengboche Monastery, the largest monastery in the region. Overnight in Tengboche.

Meals included: Breakfast, lunch, and dinner

**Day 06: Tengboche to Dingboche (4,360 m): 9 km, walking distance 5 - 6 hours**

You descend and walk through forests full of lush trees: birches, conifers, and rhododendrons. This trip rewards you with an impressive view of the mountain Everest, Lhotse, and Ama Dablam. The picturesque path leads to Devuche, crosses the Imja River, and leads to Pangboche. The higher trails of Pangboche reward you with a perfect view of the Himalayas and the Pangboche Monastery. The trek continues to the Imja Valley, the Lobuche River, and finally begins with the ascent to Dingboche. Night stay at Dingboche.

Meals included: Breakfast, lunch, and dinner

**Day 07: Dingboche: acclimatization**

Dingboche is a popular stop for hikers and climbers on the way to Mount Everest, Ama Dablam, or Imja Tse. You spent a day in Dingboche for acclimatizing. Take day trips to Chukkhung Valley or Nagarjun Hill for breathtaking views of Makalu, Cholatse, Tawache, Lhotse, and Ama Dablam.

Meals included: Breakfast, lunch, and dinner

**Day 08: Trek from Dingboche to Lobuche (4940 m): walking distance 5-6 hours**

You start the day with a gradual ascent to Duglha at the end of the last moraine of the Khumbu glacier. From here, you walk up a steep path to Chupki Lhara, where you will get a series of stones with prayer flags serving as monuments to the tenth climber of Everest Babu Chiri Sherpa, who died on a mission to climb Everest. Then we go to the moraine of the Khumbu glacier and look at several vital peaks such as Khumbutse, Lingtren, Pumori, and Mahalangur Himal. The road disappears when we follow the valley to Lobuche. Overnight in Lobuche.

Meals included: Breakfast, lunch, and dinner

**Day 09: Trek Lobuche to Gorak Shep and visit Everest Base Camp walking distance 6-7 hours**

You make your way to Everest base camp through the vast Gorak Shep Lake. In a straight line, you find the monuments of the Indian mountaineers. The path from here can be tricky; therefore, you must follow our guide carefully. The trek is strenuous due to high altitude air shortages. Pass rocky dunes, Streams, and moraines before getting Everest Base Camp. Arriving at Everest base camp, you see mountaineering tents that stand out in bright colors from the monotony of the grey surroundings (especially in spring). You can see Mount Nuptse, Pumori, and Khumbuste from the Everest base camp. You return to Gorak Shep for a good night's sleep. Overnight stay at Gorak Shep.

Meals included: Breakfast, lunch, and dinner

**Day 10: Trek Gorak Shep to Kala Patthar, return to Gorak Shep, helicopter flight to Kathmandu**

You are preparing for an early morning departure in the dark and cold temperatures (-10 to -14 ° C). There is also always the possibility of severe winds, which occur frequently. Peaks known as Lingtren, Khumbutse, and Changtse tower can be seen in the east as Everest is revealed. However, when you reach Kalapatthar (5,545 m), you can take a 360-degree view of the Mount Everest up close. You take photos, enjoy the beautiful panorama of the mountains, and then return to Gorak Shep.

Those who visit Everest Base Camp today eat breakfast early because the trek to Everest Base Camp takes longer than the trek in Kalapatthar. We descend to Gorak Shep and take a helicopter flight to Kathmandu. We fly over the calm waters of Lake Gokyo, which has deep cultural significance for the Nepalese. After admiring the incredible beauty of the lake, we continue our helicopter flight to Kathmandu. Night stay at hotel in Kathmandu.

Meals included: breakfast.

**Day 11: Final departure**

Your Everest adventure trip in Nepal ends today. According to your departure schedule, Our representative will drop you off at Kathmandu International Airport a few hours before the scheduled flight.

**Included in the cost**

* Pick up and drop off at the international airport in a deluxe vehicle
* Three star deluxe accommodation in Kathmandu including breakfast
* The best tea house accommodation available during the Everest trek
* During the trek, you will have Breakfast, lunch, and dinner with tea/coffee
* All ground transportation with a private vehicle according to the travel itinerary.
* Kathmandu Lukla flights with a regular Twin Otter plane
* Entry Tickets for sightseeing to monuments according to the itinerary
* An experienced, Government-licensed guide and porter.
* Helicopter ride cost depending on the above itinerary
* Personnel costs, including salary, insurance, equipment, domestic flight, meals, and accommodation.
* Local tax, National Park Permit, and TIMS
* Medical equipment
* Government taxes

**Cost Exclude**

* International airfare
* An entry visa for Nepal; you can get it at Kathmandu Airport.
* Travel insurance that covers rescue and evacuation at high altitudes
* Lunch and dinner in Kathmandu
* Your expenses.
* Tips for guides, porters, and drivers.

**Food and accommodation**

We will reserve a three-star hotel in Kathmandu and tea rooms during the trek. All accommodations are on twin sharing. Single supplement will be served on request and costs an additional $ 400. We will organize rooms with attached bathrooms; however, in some places, tea houses only have shared washing and toilet facilities. Also, note that single rooms are available in Kathmandu and the lower trekking regions. However, it can be challenging to find them at higher altitudes.

During y trip, you can taste authentic Nepalese cuisine as well as international cuisine like Tibetan, Indian, Continental, Italian, etc. We serve Breakfast and dinner in the tea house or on the menu of Lodge where you spend the night, while lunch is served en route to the next destination. All meals are offered during the hike, while in Kathmandu, only breakfast is provided.

**Hiking guides and other personal arrangements**

The most important thing that makes this trip pleasant and unforgettable are the experienced, polite, and helpful guides and crew members who can easily spend our days in the mountains. The best and most professional staff leads our trip. All of our employees are carefully selected based on their conscious experience, leadership skills, and personal talent. To support local communities, we only employ local people who have sufficient knowledge of the culture, ecosystem, flora, fauna, geography, and history of their local regions.

**Travel insurance**

Travel insurance for each itinerary of our company is a prerequisite for booking vacations. At a minimum, you must have emergency and repatriation insurance that must include the cost of the mountain rescue. Please read the terms and conditions of your insurers carefully, especially make sure that the following are covered: 1) activity (i.e., tourism, trekking or mountaineering) 2) maximum altitude reached on trekking 3) evacuation of the helicopter in an emergency. You must understand that you will bear the cost of the evacuation and return procedures and that it is your responsibility to pay for the evacuation or medical treatment. You must be fully aware of the effects of travel insurance and understand the limitations and exclusions of your policy. Please note that our company guide may, under certain circumstances, initiate helicopter rescue (or other necessary) operations in medical emergencies without first asking approval from your insurance company.

**The best time to travel**

Everest Base Camp Trek is best in the fall (September through November) and spring (March through May). In this time, the sky will be clear, and the view is excellent. The weather is ideal for walking without rain. We can also enjoy lush vegetation in the lower regions of the trail, especially during the spring season.

**Trekking grade:**

The Everest base camp trek is a pretty challenging journey. It's a moderately long hike that leads to the highest mountain in the country. Therefore, travelers need more energy, and the ride is exhausting, including 6-8 hours. (approx.) walk on the rocky edges per day. It does not require any previous knowledge, but you need to be physically healthy and better if you exercise regularly. If you like to hike high up, this trip is for you.

**Baggage:**

The porters carry and transport your luggage during the entire mountain trekking trip. You must bring a water bottle, sunscreen, camera, spare jacket, etc. Your main baggage is your trekking bag, and you can carry a small zippered bag that provides security. A free Luggage room is available at the Kathmandu Hotel. The permissible weight of the national airlines in Nepal is up to 15 kg. For more weight, depending on the region, you'll have to pay $ 1 per kg.